

# SUNSMART POLICY

## **Frieda Corpe Kindergarten has a sunsmart policy for skin protection ALLYEAR ROUND.**

The Cancer Council South Australia recommends that Early Childhood Services in S.A implement a comprehensive skin protection policy when the ultra violet radiation (UVR) levels are 3 and above-this is generally from the beginning of September until the end of April.

At Frieda Corpe Kindergarten:

- We expect all children, staff and visitors to wear a hat during the months of September through to May. (Terms 1,2, part of term 3 and 4) All children will be given a hat to wear at Kindy as part of their transition package.
- The UV rays will be monitored daily on the Australian Government Bureau of Meteorology, South Australia web site and during the winter months if rays are under 3 the children and staff will not be required to wear hats for outdoor play so that we are exposed to "Safe sun exposure" for the production of vitamin D, for healthy bone development.
- We recommend **wide-brimmed or legionnaire hats.**
- **NO Hat, No play policy** during the months September through to May. Inside or veranda play only.
- **Spare hats will not be offered** due to the risk of head lice.
- All children will be provided with a broad spectrum, water resistant sunscreen 30+ and a Kindy Legionnaire Hat on enrolment to be left at kindy for daily use. When this runs out parents will be notified so they can purchase a roll on from the kindy or provide their own.
- We request that parents/guardians apply broad spectrum, water resistant sunscreen with an SPF of 30+ **to their child before coming to kindy.** Staff will assist children to reapply sunscreen on again after lunch.
- We ask parents to notify us if their child is allergic or sensitive to sunscreen on enrolment and if so they are asked to provide a roll on sunscreen suitable for their child's skin.
- Outdoor activities from the beginning of September until the end of April between 10am and 3pm when the UV rating is 3 and above will be organised so that children are playing underneath the shade cloth areas.
- We recommend that children wear clothes that cover their shoulders to further protect them-short sleeves rather than sleeveless clothing.
- SUNSMART AWARENESS is an ongoing part of our kindergarten curriculum and is included in programmed activities and discussions with children and in newsletters.
- Educational material on SUNPROTECTION is available at our centre.
- Staff members will determine based on the conditions of the day (i.e. UV readings and temperature if outdoor play will be offered during days where predicted temperatures are over 35 degrees.
- Staff members will determine if out door equipment is safe for children to play on (i.e hot surfaces) during summer months, even with shade provided.

